



# CINQUE TERRE EXPERIENCES 2018

## - Regular, sharing tours -

Our on-site team has handpicked the best local experiences for your clients, offering a great variety that can satisfy every kind of traveler. The following tours are arranged by their **thematic focus**, recognizable by different colors.

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### FOOD & WINE

#### The wine tour in Riomaggiore: meeting the winegrower, hiking through the vineyards, enjoy the wine tasting!

Andrea, a young winemaker from Riomaggiore, follows the wine-growing traditions handed down over generations. He takes you on a unique and interesting wine tour.

The tasting consists of **two different wines** offering you a complete new gustatory experience - very natural wines, produced respecting the vineyard and the earth, without the use of chemical products, sulfites and yeasts. The results are intense wines which, through their scents and flavors, will transmit you the special characteristics of the place where they have grown - rocks, sea, herbs... These are authentic wines that symbolize both **past and future** – because this is the way the ancestors produced the wine in the past, but wines rich in history and character will impress the future too. In the morning you take a bus and reach Andrea at the starting point and together you will walk on a little trail into his vineyard. This is a **special panoramic place** with a magnificent view over the steep Cinque Terre coast. Andrea will explain you his wine growing methods - respecting the vineyard and the earth, without the use of chemical products. Skillful and with sensitivity he combines modern methods with ancient equipment as the **terra-cotta amphorae**. During the explanation of his wine making methods you will taste his natural and intense wines which, through their scents and flavors, will transmit you the special characteristics of the place where they have grown - rocks, sea, herbs...

The wine tasting is accompanied by typical Ligurian focaccia bread.

<b>Tour available:</b>	<b>every Monday, Wednesday and Friday, from March 15 to October 31</b>
Meeting point:	bus stop of Santuario di Montenero (GPS coordinates 44.094478 9.750266)
Time:	9.45 am (if you arrive by train you must get off at Riomaggiore, reach the bus stop in the center of the village in Via Colombo and take the 9.20 bus, asking the driver to get off at the Santuario di Montenero)
Duration:	about 2 hours
<b>Price:</b>	<b>€ 48 per person</b>
Participants:	Min 3 / Max 8
Price includes:	visit of the vineyard, little hiking, wine tasting of 2 local wines
Language:	The tour takes place in English, Italian or French depending on the participants
To bring with you:	hiking shoes, drinking water
Important:	<b>Sure-footedness and physical fitness are necessary</b>



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## Manarola wine experience

Discover the viticulture traditions of Manarola with Alessandro, a **young winemaker** native of this beautiful village of Cinque Terre. You will leave from the center of Manarola and walking through the main road leading to the small harbor you will have the opportunity to admire the **typical colorful houses** and the fishing boats parked along the street. Then you will go up to the cemetery which is located in a **fantastic panoramic position** from which you can appreciate Manarola and even a partial view of **Corniglia**. Through an ancient path in the midst of gardens you will reach the vineyards of Alessandro where he will teach you to **distinguish the grape varieties** and the different methods of **pruning and grape growing**. The path leads you in front of the Church of San Lorenzo and with an extra effort you will be in Alessandro's wine cellar where you will taste his white wine **Cinque Terre DOC** accompanied by the typical Ligurian focaccia.

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Alessandro is also a member of the **Foundation of Manarola Cinque Terre**, created in 2014 to protect the cultural heritage of the village. With your participation of the tour you support the project of the Foundation with a little charity.

<b>Tour available:</b>	<b>every day, from March 15 to October 31</b>
Meeting point:	Manarola
Time:	11am (starting time can change according to the seasons)
Duration:	about 2 hours
<b>Price:</b>	<b>€ 48 per person</b>
Participants:	Min 2 / Max 6
Price includes:	visit of the vineyard and the wine cellar, wine tasting of a Cinque Terre DOC white wine, focaccia, donation of Foundation
Language:	The tour takes place in English or Italian depending on the group composition

## Wine tasting in an ancient wine cellar in Manarola

One of the best places to taste our local wines is an ancient wine cellar. The one where we would like to welcome you is in the **center of Manarola**, near to the little harbor. It has been completely renovated and is now a Bar-Enoteca, a wonderful place where people meet, drink wine, **enjoy good music** (sometimes great handmade Jazz-Music) and some little food. You will have a tasting of the **Cinque Terre white wine DOC**, a tasting of a **red wine ITG** produced in the Cinque Terre and a tasting of the **famous Sciacchetra**, our sweet wine. With the tastings come some little local snacks.

<b>Tour available:</b>	<b>every day except on Thursday, from March 15 to October 31</b>
Meeting Point:	Manarola
Time:	5 pm
Duration:	about 1 hour
<b>Price:</b>	<b>€ 15 per person</b>
Participants:	Min 2 / Max 16
Price includes:	wine tasting with 3 different wines (0,1 l per wine), some local snacks like crostini with pesto and with salted anchovies, cheese etc.
Language:	English/Italian



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## Wine tasting in enoteca in Monterosso

In Monterosso we would like to offer you a winetasting of **wines from winemakers only from Monterosso**. You will taste a conventionally made Cinque Terre DOC white wine, a naturally and traditionally made local white wine and a Sciacchetrà. Through this tasting we want to show you how in a limited area like the Cinque Terre completely different wines and philosophies of winemaking can develop. You will learn more about the new generation of Cinque Terre wine makers and the renaissance of traditional wine making. The tasting will be accompanied by some **crostini** and **cantucci** with the **Sciacchetrà**.

<b>Tour available:</b>	<b>every day, from March 15 to October 31</b>
Meeting point:	Monterosso
Time:	between 11 am and 7 pm
Duration:	about 1 hour
<b>Price:</b>	<b>€ 15 per person</b>
Participants:	Min 2 / Max 50
Price includes:	wine tasting with 3 different wines (0,1 l per wine), some snacks
Language:	English/Italian

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## Pesto course: Manarola

In a strategic and unforgettable location was born this new bar with **breath taking view**, run by two young guys. The pesto course will take life here, starting from the **basil harvest** in their own vegetable garden and by picking the ingredients. Simone will show you how to make the **traditional pesto sauce**, with the use of the **mortar**, explaining its ingredients and history.

You will enjoy making pesto surrounded by **wonderful places, colors and perfumes**.

At the end you will taste your own job on a **bruschetta** (toasted bread) together with a glass of **Cinque Terre wine** and a platter of cured meats and cheeses. The best "student" will be rewarded with a special gift...surprise!!

<b>Tour available:</b>	<b>every day, except on Tuesday, from March 15 to October 31</b>
Meeting point:	Manarola
Time:	10,30 am
Duration:	about 1 hour
<b>Price:</b>	<b>€ 50 per person</b>
Participants:	Min 4 / Max 10
Price includes:	basil harvest, pesto course with mortar, a platter of cured meats and cheeses, pesto tasting and ¼ l p.p of local wine, printed recipe, apron, special gift for the winner
Language:	English, Italian

## Pesto course: Levanto

Since **1976** in Levanto's historical center the laboratory of the pesto prepares the most ancient and well-known sauce in the world. In this laboratory you will have the chance to learn how to make the pesto sauce with your own hands following the tradition. After tasting a glass of sparkling wine accompanied with a local extra virgin olive oil on a bruschetta, you will taste the pesto sauce made with the modern method while assisting the demonstration and explanation of the **pesto sauce made with the mortar**.

Here comes the moment to make your own pesto sauce with the mortar: wash and dry the **basil leaves**, pounding them together with salt, pine nuts and garlic, add the parmesan cheese and at the end the extra virgin olive oil. You will get a **concentrated and perfumed pesto cream**, which can be used on the pasta or on a slice of bruschetta.



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At the end you will enjoy your own made pesto sauce together with a glass of white wine and some typical local products such as olives “**taggiasche**” (small and black olives), bruschetta with **anchovies** and a typical pastry with limoncino.

**Tour available:** every Tuesday, Thursday, Saturday & Sunday, from January 1 to December 31  
**Meeting point:** Levanto  
**Time:** 11 am or 5 pm (starting time can change according to the seasons)  
**Duration:** about 1 hour  
**Price:** € 29 per person  
**Participants:** Min 2 / Max 30  
**Price includes:** pesto course with mortar, pesto tasting with a glass of wine and local appetizers, olive oil tasting, printed recipe  
**Language:** English

## FLYING

### Paragliding over the Cinque Terre (Monterosso) or over Tuscany

A unique experience is our tandem paragliding flight over the Cinque Terre with wonderful view. Start on a hill above **Monterosso**, fly for 15/20 minutes, land on the beach of Monterosso. You will fly with a **professional flight instructor**. The flight in Monterosso is available only from October through April. During the **summer season** the flights can take place over **Tuscany** from **Lucca or Pisa** (the location will depend on wind and weather conditions and will be confirmed few days before for safety reasons).

**Tour available:** every day, from October 1 to April 30 in Monterosso. From May 1 to September 30 near Pisa or Lucca  
**Meeting point:** Monterosso or Pisa or Lucca  
**Time:** 10 am (starting time needs to be confirmed)  
**Duration:** about 1,5 hours total  
**Price:** € 140 per person  
**Participants:** Min 1  
**Price includes:** Tandem flight with English speaking expert pilot, insurance  
**Language:** English, Italian  
**To bring with you:** water, sunglasses, sun protection, comfortable cloths, sneakers  
**Important:** requirements: body weight between 40 and 100 kg  
**This tour is subject to last time changes due to weather forecasts**  
**Courtesy service:** Pick up can be arranged from Monterosso, Pisa or Lucca railway stations. Subject to availability.



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## EXPLORING

### Hop-on Hop-off Bus Cinque Terre

A new way to experience this gorgeous strip of land and to explore the five small fishing villages from high up the mountains all the way down to sea. On the hop-on, hop-off bus you will be travelling across the **Cinque Terre National Park** enjoying enchanting landscapes and unforgettable glimpses. In search of the most beautiful view, this tour allows you to move along at your own pace, stay in each town as long as you wish, getting the best out of it. Travelling along the coastal road that connects La Spezia to Cinque Terre, it is possible to reach **Riomaggiore** and then move on to **Manarola, Groppo, Volastra, San Bernardino, Corniglia, Vernazza** and the **sanctuaries** of the Cinque Terre, indulging in unique panoramic views over the little towns and the Ligurian sea.

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<b>Tour available:</b>	<b>every day, March to November</b>
Location:	from La Spezia to Cinque Terre
Meeting point:	La Spezia cruise terminal or La Spezia train station
Time:	any hour during the day
<b>Price:</b>	<b>€ 32 per person</b>
Price includes:	bus ticket for 1 day, with unlimited number of stops; map of the Cinque Terre towns, bus timetable; audio-guide which is an Ipod with headphones that remains with you as a souvenir and to be used on and off the bus. Please indicate the language for the audio-guide at the moment of confirmation
Language:	English, French, Italian

### Vibrant Vernazza

Capture the essence and beauty of Vernazza in strong, fluid watercolor. Guided by Susie a professional Vernazza Artist; she will encourage you to be bold, experimental but most of all to be 'free' and to enjoy the painting process. The key to bold fluid **watercolors** (without the safety net of pencil underdrawings) is courage, preparation and spontaneity. As a medium it can be delicate and transparent or **vibrant and rich in consistency**. Mastering watercolor takes years of practice, forging a special relationship between you and the materials; therefore, these few hours are not aimed at producing a 'pretty painting' but rather encouraging you to **be bold and free in your approach** and to give you a taster of the many possibilities this wonderful medium is capable of.

**Session plan:** After a short climb to the '**vista della Terra**' where the session will be held, we will first absorb our **beautiful surroundings**. Susie will then chat about the aims of the lesson and will do a short demonstration on preparing the paint in advance. We will start with 'loosening up' mark making to get you into the flow, then she will be there to show you some **watercolor techniques** and guide you on a one-to-one level to meet your individual creative needs, whether you are a complete beginner or an experienced painter.

<b>Tour available:</b>	<b>Wednesday, Thursday, Friday, April 1 -October 8, mornings only!</b>
Meeting point:	Vernazza (at the top of the town near the post office)
Time:	9.30 am
Duration:	about 3 hours
<b>Price:</b>	<b>€ 140 per person</b>
Participants:	Min 2 / Max 4
Price includes:	Painting lesson and material: Watercolor tubes - Winsor & Newton artist quality, watercolor brushes size 14 and 16, various watercolor papers, Boards, mixing palettes, Wax, paper folders (for students to take their work away in)
Language:	English and Italian
To bring with you:	Please wear comfortable shoes



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## Cinque Terre photo shooting

The Cinque Terre **photo shooting** is the ideal occasion to save your wonderful moments. Create your unique story - told by professional images featuring you in this attractive, magic hamlet. **Together with the photographer** you will choose the location which can be a famous sight or simply your favorite spot in the Cinque Terre. You will have a lovely walk there for up to 1 hour, **taking pictures and enjoying the day**. This is the best tour if you want to get beautiful and **romantic images** that will stay with you for a long time. The Cinque Terre photo shooting is perfect for individuals, couples and families.

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<b>Tour available:</b>	<b>every day, this is a private tour</b>
Meeting point:	Riomaggiore, Manarola or Porto Venere
Time:	in the afternoon
Duration:	1 hour
<b>Price:</b>	<b>€ 345 per tour - from Monday to Friday</b>
<b>Price:</b>	<b>€ 499 per tour - on Saturday and on Sunday</b>
Participants:	Min 1 / Max 5
Price includes:	1 hour of shooting with professional photographer, selection of 10 High Definition images, personal web gallery of 20 pictures
Language:	English, Italian

## Photographic tour in the Cinque Terre

“Photography” literally means the “science of light” – and this is what a good photographer uses to create **stunning pictures**, different from the usual “snapshots” many tourists take while travelling the world. Learn how important the light, **the right composition, the right moment**, sometimes a different point of view and other elements are to make pictures different. The secret how to take not only a picture but to **transport a message**. A professional photographer will take you around in Manarola, for sure one of the most “picturesque” towns of the Cinque Terre and show you the most beautiful places to take pictures. While you get familiar with the town, its houses, its panoramas, its plants and animals, the photographer will assist you and **unveil some of a photographer’s “secrets”**. It is not important which kind of equipment you bring – from the smartphone, the Ipad, the compact digital camera to the professional DSLR camera – she will help you to get the best out of your pictures and your equipment and you will take home not only breath-taking photos of your stay in the Cinque Terre – this experience makes you see the world with completely new eyes!

<b>Tour available:</b>	<b>every day, this is a private tour</b>
Meeting point:	Manarola (on request also Monterosso)
Time:	in the afternoon.
Duration:	about 2,5 hours
<b>Price:</b>	<b>€ 195 per tour</b>
Participants:	Exclusive tour for 1 or 2 persons (for more persons, please ask for quotation)
Price includes:	2,5 hours photographic tour with professional photographer, one drink at the end of the tour during the analysis of the pictures
Language:	English, French, Italian



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## OUTDOOR ACTIVITIES

### Mountain biking in Cinque Terre & Gulf of La Spezia

The mountain bike guide will welcome you at La Spezia train station. You will be given the mountain bikes and during a short briefing some instructions about the tour. After about 30 min cycling on the car road leading to **Porto Venere** which offers you magnificent views of the gulf you will start a climb on an abandoned military road that takes you to the **little village of Campiglia** from where you can enjoy **breathtaking views over the Gulf of Poets** on one side and the sea of the Cinque Terre on the other side. Alessandra, a young lady owning a little bar will offer you here a tasty light **lunch made of typical Ligurian snacks**: focaccia, vegetable cakes, cheese... After this break the tour continues still for about one hour and then you reach Volastra in the middle of the Cinque Terre. You can rest a while, take pictures of the **wonderful vineyards and the great views** before you will drive on the car road down to Manarola where the tour ends, and you can catch the train in all directions.

Total height difference: about 800 m. Length of the tour: about 35 km.

<b>Tour available:</b>	<b>every day</b>
Meeting point:	La Spezia train station
Time:	10.00 am
Duration:	about 6 hours
<b>Price:</b>	<b>€ 120 per person</b> or <u>with own mountain bike: € 90</u>
Participants:	Min 2 / Max 10
Price includes:	expert mountain bike guide, rental of the mountain bike including repair kit, helmet, light lunch
Language:	English, Italian
Important:	The itinerary has no technical difficulties, but <b>a good physical fitness is required</b>

### Rock climbing with stunning views over Porto Venere

A unique and thrilling way to **get close to our spectacular coastal landscape!** This tour is suggested for people with rock climbing experience as well as for those who want to try this amazing sport for their first time. It is wholly accompanied by a professional, authorized, **English speaking alpine guide** to ensure the safety. You will explore one of the several itineraries of this incredible climbing spot: **vertical rocks high above the Ligurian sea** between **Porto Venere** and the Cinque Terre. Meet the mountain guide in Porto Venere and hike up on the scenic mountain path to reach the climbing spot (about 45 min. hike, about 300 m above sea level). After a short briefing enjoy the rock climbing at one of the most scenic spots in the Mediterranean area. At the end of the tour return to Porto Venere. Guests of the party who do not like to climb themselves but would like to join the hike and take pictures of the others climbing are welcome.

<b>Tour available:</b>	<b>every day, this is a private tour</b>
Meeting point:	Porto venere
Time:	8 am or 1 pm
Duration:	about 4-5 hours
<b>Price:</b>	<b>€ 295 per tour, for 1 to 3 persons</b>
Participants:	Min 1 / Max 3 climbing participants per guide (more guides available)
Price includes:	expert alpine guide, rental of the mountain climbing equipment: climbing harness, shoes, helmet
Language:	English or Italian
To bring with you:	wear comfortable clothing for hiking, bring one extra t-shirt, drinking water (1 l per person at least, depending on the season). Do not forget your camera.
Important:	<b>A good physical shape is required</b>



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## THE SEA

### “The Azure Day” – Sailing along the Cinque Terre coast, from La Spezia

A wonderful experience to explore the coast of the Cinque Terre and the Gulf of the poets from another perspective! In La Spezia harbor you will go on board and cross first the **Gulf of Poets** seeing the beautiful villages of Portovenere and Lerici and the islands Palmaria and Tino. Later you will **sail along the Cinque Terre coast** enjoying great views of the villages. At a nice place, maybe in front of Vernazza you will stop and have a **light lunch with local specialties** like focaccia and anchovies. A stop for swimming in the wonderful marine protection area is planned too. (Who does not only like to relax will have the possibility to learn from our experienced English speaking skipper the basics how to sail).

<b>Tour available:</b>	<b>every Tuesday and Thursday, from March 15 to October 31</b>
Meeting point:	harbor of La Spezia
Time:	10.00 am
Duration:	about 7 hours
<b>Price:</b>	<b>€ 129 per person</b>
Participants:	Min 4 / Max 10
Price includes:	tour with a modern sailing boat with English speaking skipper, light lunch on board, drinks (water and wine) on board, insurance
Language:	English, Italian
To bring with you:	sunglasses, hat, sun protection, camera, swimming suit, bath towel, depending on weather conditions rain protection and/or an extra jacket
Important:	-If you might feel seasick, we suggest bringing pills in a pharmacy -In case the Cinque Terre are not reachable because of the rough sea, the tour is however guaranteed cruising in the Gulf of La Spezia. This condition does not implicate the right of reduction of price or cancellation. -Please be aware that in case of not appropriate weather conditions, we will offer you another date (subject to availability) or we will modify the service.

### Big Game fishing tour from Monterosso

Today's sport fishing is about using ancient traditions together with the **most modern techniques** and technologies. Experiencing the sea, while learning to respect balance, tasting your fresh catch and sharpen your skills and intuition, make it a fascinating discipline. The significant and prolonged presence of oily fish just a few miles from the coast, allows to live unforgettable adventures with a **dedicated boat and a top-notch equipment** combined with a consummate experience of thirty years in all the seas of the world.

**The spirit and ethics of sport fishing** is both sustainable and compatible with the resources offered by the sea.

The stretch of sea in front of **Punta Mesco** is recognized as one of the best hot-spots in the world to catch the giant tuna; stand-up combat with a giant is the apotheosis of sport fishing.

Bluefin tuna fishery, strictly governed by Italian and European laws, is mainly done through catch and release, with techniques of trolling offshore and drifting, even if it is the latter that gives the best results. The average size of the fish is about **70 kg**, although you can hook-set pieces that pass the 300 kg in weight, all just a few miles from the coast. Fishing in drifting you can also hook-set other **tuna, sharks** and if lucky the exclusive **swordfish**.

<b>Tour available:</b>	<b>daily, from April 1 to January 6, this is a private tour</b>
Meeting point:	Monterosso or Levanto
Time:	from 6.30 am to 2pm or from 1pm to 8pm (time to be agreed)
Duration:	about 7,5 hours
<b>Price:</b>	<b>€ 815 per tour</b>



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Participants: Min 1 / Max 8  
Price includes: fishing tour with skipper, dedicated equipment, drinks on board, breakfast/aperitif  
Language: English, Italian  
**To bring with you:** sunglasses, hat, camera, sweatshirt  
Important: **Please be aware that in case of rough sea or not appropriate weather conditions, we will offer you another date (subject to availability) or we will modify the service.**

## Fishing offshore the Cinque Terre from Monterosso

For those interested in fishing we offer a very special experience: a **tour with a local fisherman** of Monterosso, with his **traditional fishing boat**. The tour starts at the time fixed with you in advance, we suggest the early morning or the afternoon and takes you offshore the Cinque Terre. Enjoy the marvelous views over the coastline with the picturesque villages and the **Punta Mesco** promontory in the golden afternoon sun. Help the fisherman to haul the fishing net that he had set out in the sea before. He uses traditional fishing techniques and will explain you his idea of sustainable fishing. With a little luck you will catch red breams and red mullets, hake, rays and small tuna fishes. Thereafter just lean back and relax with a drink and enjoy the sunset over the sea!

**Tour available:** daily, from April 1 to October 31, this is a **private tour**  
**Meeting point:** Monterosso  
**Time:** time to be agreed  
**Duration:** about 2 hours  
**Price:** € 295 per tour  
**Participants:** Min 1 / Max 7  
**Prices includes:** boat tour with skipper and fishing activity, drinks on board  
**Language:** English, Italian  
**To bring with you:** sunglasses, hat, camera, sweatshirt with cool weather  
**Important:** **Please be aware that in case of rough sea or weather condition not appropriate, we will offer you another date (subject to availability) or we will modify the service.**

## Open bar BBQ boat tour from Levanto

Exclusive tour during the **sunset and night-time**. You'll depart with your crew looking for dolphins, you'll take a bath in the crystalline waters and sail along the coast between **Punta Mesco** and the Cinque Terre. A professional barman will offer you delicious cocktails and local wines, this enjoyable long-time aperitif will be completed by a **grilled light meal** during the evening.

**Tour available:** every Thursday, from May 1 to September 30  
**Meeting point:** Levanto or Monterosso  
**Time:** from May 1 to August 15: at 8 pm from Levanto or 8,30 pm from Monterosso and from August 16 to September 30: at 7,30 pm from Levanto or 8 pm from Monterosso  
**Duration:** about 3,5 - 4 hours (return at about midnight)  
**Price:** € 140 per person  
**Participants:** Min 5 / Max 12  
**Price includes:** boat tour with English speaking skipper, food & drinks  
**Language:** English, Italian  
**To bring with you:** sweatshirt, water, sunglasses, hat, camera  
**Important:** **Please be aware that in case of rough sea or not appropriate weather conditions, we will offer you another date (subject to availability) or we will modify the service.**



Arbaspaa s.r.l. Tour Operator

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Sede legale: via Molini, 11 - 19017 Manarola (SP) - Italia CF & P.IVA 01120490113

## Cinque Terre by Kayak from Monterosso

This type of tour is a fantastic opportunity to visit the Cinque Terre from a unique and exclusive point of view and for whoever loves to spend the day in the sea while doing activity. After meeting your guide in **Monterosso**, you will start the tour paddling **in the Cinque Terre's Marina Protected area** along the amazing cliff of this beautiful land, passing by Vernazza till you'll reach the beach of **Guvano**, where you will stop for a rest. The tour continues to **Corniglia**. You may **snorkel with an integrated diving mask**, ideal for a complete view of the seabed and its abundance of fish. For the most adventurous, there is the possibility to go forward till Manarola or Riomaggiore. From there you'll take your kayak and start the way back to Monterosso.

<b>Tour available:</b>	<b>every day, from April 1 to October 31</b>
Meeting point:	Monterosso
Time:	10 am
Duration:	about 5 hours, which 3 hours paddling
<b>Price:</b>	<b>€ 119 per person</b>
Participants:	Min 3 / Max 12
Price includes:	English speaking guide, kayak, paddle, Lycra, life jacket, dry bag, integrated diving mask, light lunch (focaccia, fruit), selection of photos taken during the tour from the guide
Language:	English, Italian
<b>To bring with you:</b>	bathing suit or Lycra shorts, sneakers or neoprene boots, Lycra thermo shirt or sweatshirt, water, sunglasses, hat, camera
Important:	<b>Please be aware that in case of rough sea or weather condition not appropriate, we will offer you another date (subject to availability) or we will modify the service.</b>

## Sunset Kayak Tour & Typical Aperitif

On board of your kayak, enjoy the **impressive scenery of sunset** when the sea is less crowded, and everything is quieter. Admiring the **awe-inspiring sight of the sun turning red**, we paddle towards Vernazza discovering its cliffs full of caves, swim in its crystalline water and restore strength at a **waterfall spring**. Live the experience of a real "**aperitivo**" in a quiet cove accessible only by sea with local **organic wine and focaccia** from Liguria: this tour will satisfy all your senses.

<b>Tour available:</b>	<b>every day, from April 1 to September 30</b>
Meeting point:	Monterosso
Time:	4,30 pm (depending on the sunset time)
Duration:	about 2,5 hours
<b>Price:</b>	<b>€ 80 per person</b>
Participants:	Min 4 / Max 12
Price includes:	guide, aperitif (wine and focaccia), equipment: kayak, paddle, life vest, dry bag
Language:	English, Italian
<b>To bring with you:</b>	bathing suit or Lycra shorts, sneakers or neoprene boots, Lycra thermo shirt or sweatshirt, water, sunglasses, hat, camera.
Important:	<b>Please be aware that in case of rough sea or weather condition not appropriate, we will offer you another date (subject to availability) or we will modify the service.</b>



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## IMPORTANT NOTES

- Almost all experiences are **regular, sharing tours**, but we can organize them also on a private basis, in this case please ask for a customized quotation.
- Every tour starts in the indicated location. Guests usually get there on their own. The instructions to reach the Meeting point will be written in the voucher that you receive once the service is definitely confirmed. If your clients need transfer or pick-up services, please feel free to ask and we will quote the supplement for you.
- All prices include Italian tax and **your commission**. At the moment of confirmation, please indicate your invoicing preferences: **a) Invoice directly to you with net rates; or b) Invoice to the final client with the above-mentioned prices, and a separate commission operation afterwards.**
- We also provide **private transfers** by car, minivan or taxi boat. **Guide service** in several languages. **Private Excursion and Shore Excursion Programs. Rentals of private motor boats, yachts, sailing boats and rubber dinghies - with and without skipper.** Feel free to ask for more details.



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